

Silver Threads

TOWNSEND SENIOR CENTER

Letter From The Director...

It all begins with a story.

Living as I do in a household of men there's no way I could avoid two recent significant media events; the movie blockbuster "Avengers End Game" and the final season of the television series phenomenon "Game of Thrones".

For those of you who are unfamiliar with these stories, one is the spin-off of heroes created for comic books by Stan Lee and the other a fantasy vision of George R.R. Martin who, unbeknownst to me, has credited Lee for being one of his greatest literary influences.

The anticipation of these cinematic premiers spawned a variety of conversations which included plot twists, storylines and possible prequels. This got me thinking about where we would be without the art of storytelling.

We've all heard about how J.K. Rowling conceived the idea for the Harry Potter series while on a delayed train and that she found herself a single mother living in relative poverty until the first novel in the series was published.

Then there was John Steinbeck who lived off welfare, the fish he caught, vegetables his wife grew and stolen food to avoid hunger. Luckily for us, he grew into one of America's greatest authors having written the masterpiece *The Grapes of Wrath* as well as *Of Mice and Men* among others.

I could continue the list with Charles Dickens, Nicholas Sparks, Maya Angelou, Walt Disney, Stephen King, and John Lennon.

So it just goes to show you, whether it be a song, a poem, or a letter to a friend we all have a story to tell. You never know who you will inspire or what may come of it. Come in and tell your story. Listen to someone else's. Discover why this is where you WANT to be.

Karin



Karin Canfield Moore, Director
Janet Cote, Outreach Coordinator
Susan Dejniaik, Assistant Program Coordinator
Donna Fenton, Kitchen Manager/Volunteer Coordinator
Donna Howard, Transportation Administrator
Katie Petrossi, Program Coordinator

Townsend Senior Center Hours
Monday-Friday: 9am-3pm
Wednesday: 9am-8pm
16 Dudley Road, Townsend, MA 01469
978-597-1710

<https://www.townsend.ma.us/senior-center-council-aging>

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SPECIAL EVENTS (RSVP requested)



Pickleball

Wednesdays in June at 12:30pm

Think tennis on a smaller court; a fun workout that's easier on your knees! Sessions will be outdoors & facilitated.



Games with Homeschool Group

Tuesday, June 4 at 1pm

Help this generation of teens learn classic card games! We need your help!



Understanding Medicare

Wednesday, June 12 at 6:30pm

Learn your basic Medicare choices, supplement options, what services are covered, where & how to sign up.

Presented by Fallon Health



Thrive Workshop

Friday, June 14 at 1pm

Cost: \$10

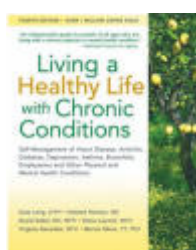
Chronic stress can decrease quality of life and promote illness, so it's important to manage it through healthy habits. Learn to use practical strategies and take simple steps to optimize health, build resilience, and thrive!



Police Picnic

Monday, June 17 at 12pm

The annual Police Picnic is always a fun time! Join us for hot dogs and hamburgers. This year's picnic will be in memory of John Johnson.

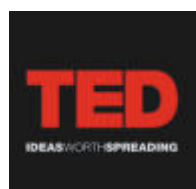


Managing Chronic Disease

Wednesdays June 19-July 31 at 6pm (no class July 3rd)

Cost: \$20 for 6 week session

Millions of adults live with one or more chronic health conditions. This program will help people manage their symptoms, improve their quality of life, and reduce healthcare costs.



TED Talk: The Power of Vulnerability

Tuesday, June 25 at 11am

Brené Brown studies human connection: our ability to empathize, belong, love. She shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity.



Sponsored by
NVMC

Stroke, Blood Pressure and Diet

Tuesday, June 25 at 12:00pm

This lunch & learn will include the information you need to make food choices that support your health.



Dick Perra Memorial Cribbage Tournament

Wednesday June 26 at 5pm

The family of Dick Perra invites you to a cribbage tournament in his honor. Please join us to celebrate his life while doing something that he truly loved.

MONTHLY EVENTS

Birthday Party

Thursday, June 6 at 12pm

Please join us for our monthly celebration honoring this month's birthdays, including a delicious homemade meal and birthday cake.

Book Club

Wednesday, June 12 at 1pm

Book club meets the 2nd Wednesday of every month, and new members are always welcome. Books are usually available at the Townsend Public Library. This month's group will discuss *The Story of Arthur Truluv* by Elizabeth Berg

Genealogy Club with Dwight Fitch

Friday, June 14 at 10:30am

Trace your ancestry and find out where your family tree has roots. Join anytime, no need to sign up.



Bus Trip: Lowell Spinners

Wednesday, June 19 at 6:00pm

Cost: \$16.00

Take in a Lowell Spinners game, a minor league team for the Red Sox.

Galloping Gourmets: Black Forest (Amherst, NH)

Wednesday, June 26 at 5:30pm

Cost: \$3.50 plus the cost of your meal

Join others looking to try a new or different restaurant, without the hassle of driving! By request, we're headed to Black Forest in Amherst, NH.

Council on Aging Board Meeting

Tuesday, June 18 at 10am

Help determine Senior Center priorities and advocate for older adults; all are welcome.

Please let us know if you are living alone and would like a weekly phone call to check in on you.

Community Happenings



Found Her “Calling” – With A Brush By Alice Avery Struthers



A very familiar figure in the Senior Center’s Arts & Crafts room, Linda Salisbury still leads art and jewelry classes for more than 40 students – even though she retired from the position of Program Coordinator in 2017, after 18 years of service.

Born in Groton and schooled in Townsend, she was employed in Elsa William’s art studio for six years. Later, as a stay-at-home Mom, she took a water color class “to have a night out” she said. That class opened the door to a wide future in art: she started teaching watercolor in her home, mostly to children. “I found my calling” she said.

She began the position of Program Coordinator in Townsend’s original Senior Center, located in tiny quarters in the town’s first “mall.” “We had space for just one activity at a time,” she

recalls. “This wonderful complex that Sterilite gave the town ten years ago has allowed a huge growth in services. Last year we sponsored more than 200 programs.” And a new one may be coming: “I’m considering a drawing class,” she said.

Linda and husband Peter, (a faithful Hope Chorus singer), are longtime Townsend residents, have two daughters, seven grandchildren and four step-grandchildren.

Around Town:



Library services in Townsend began in 1858 when 100 people paid \$3 apiece to purchase books for an agricultural library. The book collection began a circuitous journey around the center of town, from private homes to various businesses.

Two benefactors, Charles Hart, and Amanda Dwight left an inheritance for the construction of a permanent home for the books. Relatives of the latter were not happy; a lawsuit ensued. She left instructions for naming the new library after her father, Walter Fessenden. Finally a compromise was reached when the area adjacent to the fireplace was to be officially named the Walter Fessenden Reading Room and the relatives won their portion. Hart's bequest was accepted, and "The Hart Free Library Building" won out as the building's title for The Townsend Public Library.

An illustrious Boston architect, Charles Loring, was chosen by a committee headed by Carl Willard, the town bank president. A sometimes contentious construction process culminated with the dedication of the new facility in 1929. The books, which had been resting in the Town Hall, were carried by hand along the sidewalk to their new home. This ceremony was replicated with a few classic Townsend history books when the current library building was completed ten years ago.

Now this charming little gem stands idle and vacant, awaiting some good, affluent soul to step up and open its doors to a new and creative future.

In the Building:

June 7-8

Library Book Sale &
Friends of Townsend Seniors
Yard Sale

June 26

Animal Ambassadors

Program Notes:

June 5 & 26: NO Bingo, due to library programming

June 14: Our own Rena Duncklee's granddaughter, Kathryn, will be singing during lunch!



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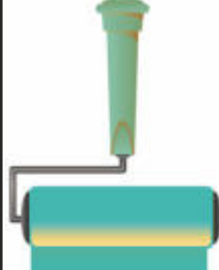
June 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:30 Gentle Yoga 10:00 Chair Exercise 10:00 Stamp Collecting 10:30 Watercolor 11:00 Chorus 12:00 Lunch: Sweet & Sour Meatballs 12:45 Qi Gong 1:00 Healthy Living Group 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group	4 9:30 3D Flower Cards 10:00 Stretch & Tone 12:00 Lunch: Shepard's Pie 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Games with Homeschool 1:00 Flute 1:00 Mind Body Spirit Group 1:30 Watercolor Message by appt.	5 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Grilled Chicken with Peach Salsa 12:30 Woodworking 12:30 Pickleball 1:00 Knitting Group 3:00 Chair Exercise 4:00 Smartphone Help 5:00 Evening Quilting 6:00 Friends Meeting 6:30 T.O.P.S. 6:30 Tai Chi at Common Message by appt.	6 10:00 Stretch & Tone 10:00 Shuffleboard 10:30 Watercolor 12:00 Lunch & Birthday Party: Harvest Turkey Salad 12:30 Walking Club 1:00 Cribbage 1:30 Chair Yoga	7 9:00 Quazy Quilters 10:00 Chair Exercise 12:00 Lunch: Soup/Salad Bar 1:00 Mahjong Manicures/Pedicures/Reflexology by appointment 6/7-8: Library Book Sale and Senior Center Yard Sale
10 9:30 Gentle Yoga 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Macaroni & Cheese 12:00 Medicare Counseling 12:45 Qi Gong 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group 1:00 Basket Weaving	11 10:00 Stretch & Tone 10:00 Patriotic Paint Party 12:00 Lunch: Lasagna Roll 12:30 Walking Club 1:00 Flute 1:00 Mind Body Spirit Group 1:30 Watercolor Message by appt.	12 10:00 Chair Exercise 10:30 Watercolor 11:00 Women's Conversation 12:00 Well Adult Clinic 12:00 Lunch: Pot Roast 12:30 Woodworking 12:30 Pickleball 1:00 Book Club 1:00 Bingo 1:00 Knitting Group 3:00 Chair Exercise 4:00 Smartphone Help 6:30 T.O.P.S. 6:30 Tai Chi at Common 6:30 Understanding Medicare	13 9:00 Needlefelting 10:00 Stretch & Tone 10:00 Shuffleboard 10:30 Watercolor 12:00 Lunch: Beef Stir Fry 12:30 Walking Club 1:00 Cribbage 1:30 Chair Yoga	14 9:00 Quazy Quilters 10:00 Line Dancing (improver) 10:00 Chair Exercise 10:00 Scrabble 10:30 Genealogy 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar with Kathryn Dunclee 12:30 Movie: <i>The Shape of Water</i> 1:00 Mahjong 1:00 Thrive Workshop
17 9:30 Gentle Yoga	18 10:00 Stretch & Tone	19 10:00 Chair Exercise	20 9:00 Cribbage Tournament	21 9:00 Quazy Quilters

10:00 Chair Exercise 10:00 Stamp Collecting 10:30 Watercolor 12:00 Police Picnic 12:45 Qi Gong 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group 1:00 Basket Weaving	10:00 COA Meeting 12:00 Lunch: Steak & Cheese Pinwheels 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Flute 1:00 Mind Body Spirit Group 1:30 Watercolor Message by appt.	10:00 Hearing Clinic 10:30 Watercolor 12:00 Lunch: Teriyaki Chicken 12:30 Pickleball 1:00 Bingo 1:00 Knitting Group 3:00 Chair Exercise 3:00 Mini Acrylic Sunflower 4:00 Smartphone Help 5:00 Evening Quilting 6:00 Bus Trip: Lowell Spinners 6:00 Managing Chronic Disease 6:30 T.O.P.S. 6:30 Tai Chi at Common	10:00 Shuffleboard 10:00 Stretch & Tone 10:30 Watercolor 11:00 Wii Bowling (Open to all) 12:00 Lunch: Mediterranean Olive Oil Pasta 12:30 Walking Club 12:45 Travel Talk 1:00 Grow Your Own Herbs 1:30 Chair Yoga	10:00 Line Dancing (improver) 10:00 Chair Exercise 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar 12:00 Hairdresser 1:00 Mahjong
24 9:30 Joint Health Yoga 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Beef Bolognese 12:45 Qi Gong 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group 1:00 Diabetes Wellness Group	10:00 Stretch & Tone 11:00 TED Talk: Vulnerability 12:00 Lunch: Glazed Chicken Drumstick 12:00 Stroke, Blood Pressure & Diet 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Flute 1:00 Mind Body Spirit Group 1:30 Watercolor Message by appt.	26 10:00 Chair Exercise 10:30 Watercolor 11:00 Women's Conversation 12:00 Lunch: Turkey & Tortellini Salad 12:30 Woodworking 12:30 Pickleball 1:00 Knitting Group 3:00 Chair Exercise 4:00 Smartphone Help 5:00 Dick Perra Memorial Cribbage Tournament 5:30 Galloping Gourmets 6:00 Managing Chronic Disease 6:30 T.O.P.S. 6:30 Tai Chi at Common	27 10:00 Stretch & Tone 10:00 Shuffleboard 10:30 Watercolor 12:00 Lunch: Cheeseburger Mac & Cheese 12:30 Walking Club 1:00 Cribbage 1:30 Chair Yoga	28 9:00 Quazy Quilters 10:00 Line Dancing (improver) 10:00 Chair Exercise 10:00 Scrabble 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar 12:30 Movie: A Star is Born 1:00 Mahjong

Many thanks to
Gables of Fitchburg and
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birthday lunches!

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ARTS & CRAFTS



Knitting Group
Mondays & Wednesdays at 1pm
(Drop In)



Woodworking
Wednesdays at 12:30pm (Drop In) Try something new! Experienced carvers & burners available to assist those new to the craft.



Evening Quazy Quilters
First and Third Wednesday of the month at 5pm (Drop In)
Sewing machines, fabric, & ideas available, or bring your own. Fellow quilters will assist in piecing things.



Watercolor Classes
Mondays Series (10:30am):
June 3, 10, 17, 24
Tuesday Series (1:30pm):
June 4, 11, 18, 25
Wednesday Series (10:30am):
June 5, 12, 19, 26
Thursday Series (10:30am):
June 6, 13, 20, 27
Cost: \$22/3 week class; \$30/4 week class

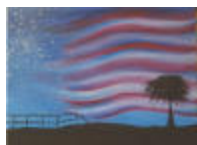


3D Flower Cards
Tuesday, June 4 at 9:30am
Cost: \$2 per card
Stamped and punched flowers make a dramatic impact on your card.



Sponsored by
RiverCourt

Weaving
Mondays, June 10 & 17 at 1pm
Cost: \$2.00
Two color paper basket woven in an intriguing method. Makes a lovely decorative item for your home!



Patriotic Paint Party
Tuesday, June 11 at 10am
Cost: \$10.00
Create a patriotic scene on a 9x12 canvas that looks much more involved than it is. Suitable for all ability levels!



Needlefelting: UFO Party
Thursday, June 13th at 9am
Bring in your unfinished needlefelting projects to complete with fellow felters! Expert assistance is available.



Mini Acrylic Sunflowers
Wednesday, June 19 at 3pm
Cost: \$10
Easy acrylic mini sampler. Paint a sunflower on a 6x6 canvas... perfect for beginners!



Growing Herb Gardens
Thursday, June 20 at 1pm
No charge
Plant an herb garden and learn how to care for it. Your summer recipes will thank you!!
Sponsored by Fitchburg Healthcare

JUST FOR FUN



Scrabble
June 14 & 28 at 10am



Movie Matinee
Friday, June 14 at 12:30pm
The Shape of Water
Friday, June 28 at 12:30pm
A Star is Born



Rummikub
Mondays at 1pm



Trivia & Jeopardy
Tuesdays, June 4 and 18 at 1pm



Cribbage—Regular Play
Thursdays at 1pm (except 6/20)
Cribbage Tournaments
Thursday, June 20 at 9am
Wednesday, June 26 at 5pm



Hope Community Chorus
Mondays at 11am; Last practice before summer break: June 3



Smartphone Help Sessions
Wednesday at 4pm



Joint Health Yoga
Monday, June 24 at 9:30am
Cost: \$6.00
No prior yoga experience required! This low impact and gentle joint focused class will help improve flexibility and balance, decrease discomfort of a stiff body, and improve recovery from stumbles.



Mahjong
Fridays, June 7, 14, 21, 28 at 1pm



Shuffleboard
Thursdays at 10am
Come check out our new table!



Stamp Collecting
Mondays, June 3 and 17 at 10am
Beginners and lifelong enthusiasts welcome!



Native American Flute Lessons
Tuesdays at 1pm
Cost: \$40 for 4 week sessions



Women's Meditation Group
On Summer Break—Returning this fall!

Qi-Gong
Mondays, at 12:45pm
Cost: \$5/class

Qi Gong is a gentle, soothing form of exercise excellent for seniors. It is also effective in improving balance, relieving pain, encouraging mobility and reducing stress.



T.O.P.S.
Wednesdays, at 6:30pm

Reach your weight-loss goals by providing you with the tools, information, support, and accountability you need to be successful.

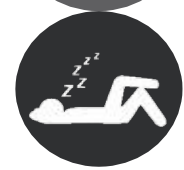


Healthy Living Group
Monday, June 3 at 1pm

This group offers the opportunity for open discussion on healthy eating, exercise, and well-being. A new topic of discussion is introduced each month.



Reflexology, Manicures & Pedicures
Friday, June 7 by Appt.
Cost: Reflexology (\$25/half hr.);
Manicure (\$15); Pedicure (\$22)



Massage
Tuesdays (June 4, 11, 18, 25) and Wednesday, June 5
By Appt.
\$45/50 min

Women's Conversation Group
Wednesdays, June 12 and 26 at 11am

Join us to discuss rotating topics of well-being, aging, personal history, current events, and anything else the group desires.

Diabetes Wellness Support Group
Monday, June 24 at 1pm

Topic: Blood sugar goals and how to improve highs & lows.

Well Adult Clinic
Wednesday, June 12 at 12pm

BP screening, glucose check, general health and first aid.

Hearing Clinic
Wednesday, June 19 at 10am

Evening Tai Chi for adults of all ages
(at the Townsend Common, weather permitting)
Wednesdays, 6:30 –8pm Cost: donation

Body, Mind & Spirit Group
Tuesdays in June at 1pm
Cost: \$30 per month

This women's sharing group will focus on simple energy-based techniques to heal and renew.



UP & COMING

In observance of Independence Day, the Senior Center will close at 3pm on July 3rd and be closed on July 4th and 5th.

July 10 & 24: Laughter Yoga

July 17: Golden Oldies Porch Concert & Party

TBD: Day at Rockport Beach

September: Elsa Williams Needlework Show in the Meeting Hall. We are looking for pieces to exhibit. If you have any, please see Karin.

Many thanks to **Hawthorne Brook Middle School** for their partnership with our PickleBall program! Their generosity with racquets, blls, and daytime court usage is much appreciated! We look forward to an intergenerational tournament soon!

GROUP FITNESS

Chair Exercise
Mondays, Wednesdays, & Fridays at 10am
Wednesdays at 3 pm
Exercise through video instruction.

Stretch & Tone (or similar fitness class)
Tuesdays & Thursdays at 10am
Cost: TBD

Indoor/Outdoor Walking Club
Tuesdays & Thursdays at 12:30pm

Gentle Yoga with Patsy
Mondays at 9:30am Cost: \$6/class

Chair Yoga with Carin
Thursdays at 1:30pm Cost: \$6/class

Line Dancing
Fridays; Cost: \$5/class or \$7 for both/all
Improver: 10:00am –11:00am
Advanced class continues until 11:30

No Class
6/7!

Mission Statement: *The Townsend Council on Aging is committed to the continued growth and wellbeing of our senior citizens by providing programs, education, information and referral services with a goal of helping seniors achieve the best quality of life possible.*

June Fun Facts

June 2, 1935: Babe Ruth announced his retirement from baseball.

June 4, 1937: The first shopping cart was introduced. It was an invention of Sylvan Goldman, owner of the Humpty Dumpty supermarket chain.

June 5, 1956: Elvis gave his infamous performance of "Hound Dog" on the Milton Berle Show. It earned him the nickname "Elvis the Pelvis."

June 9, 1934: Donald Duck made his debut in the Silly Symphonies cartoon "The Wise Little Hen."

June 12, 1897: Karl Elsener patented the penknife, which later became known as the Swiss army knife.

June 30, 1953: The first Chevrolet Corvette rolled off the assembly line in Flint, Michigan. 300 hand-built white convertibles were produced.

Need a ride to Community Suppers?

Several Townsend churches/organizations offer free community suppers on Wednesday evenings. If you'd like to attend but don't want to drive, give us a call!

Our van is ready to take you!

SHINE

"MEDICARE AND MORE" PROGRAM

The Central MASS SHINE Program is now sponsoring a monthly cable tv program called SHINE's MEDICARE AND MORE", we hope your local cable channel will pick it up. This program is designed to educate and update MEDICARE beneficiaries and their families on MEDICARE and other programs that can assist you with your health insurance needs. If you don't see it on your local cable channel give them call and ask about it.

Trained SHINE (Serving Health Insurance Needs of Everyone) volunteers can help you! They offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your senior center and ask for a SHINE appointment. You can also call 1-800-AGE-INFO (1-800-243-4636), then press or say 3. Once you get the SHINE answering machine, leave your name and number. A volunteer will call you back. You can now visit us on the internet at shinema.org

ROAD RUNNER BUS SCHEDULE **

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	Monday	Tuesday	Wednesday	Thursday	Friday
Mornings 9:30am—12:00pm	Pepperell (Medical)	Leominster (Medical)	Townsend (Medical and Errands)	Groton and Ayer (Medical)	Fitchburg and Lunenburg (Medical)
Afternoons 1:00—3:00pm	Townsend (Errands)	Leominster (Errands)	Townsend (Medical and Errands)	Townsend (Errands)	Fitchburg and Lunenburg (Errands)

DESTINATIONS:

- **Medical:** Doctors, Dentists, Therapies, Lab work, etc.
- **Errands:** Grocery, Pharmacy, Bank, Shopping, Hair dresser/Barber, etc.

FARES (One Way):

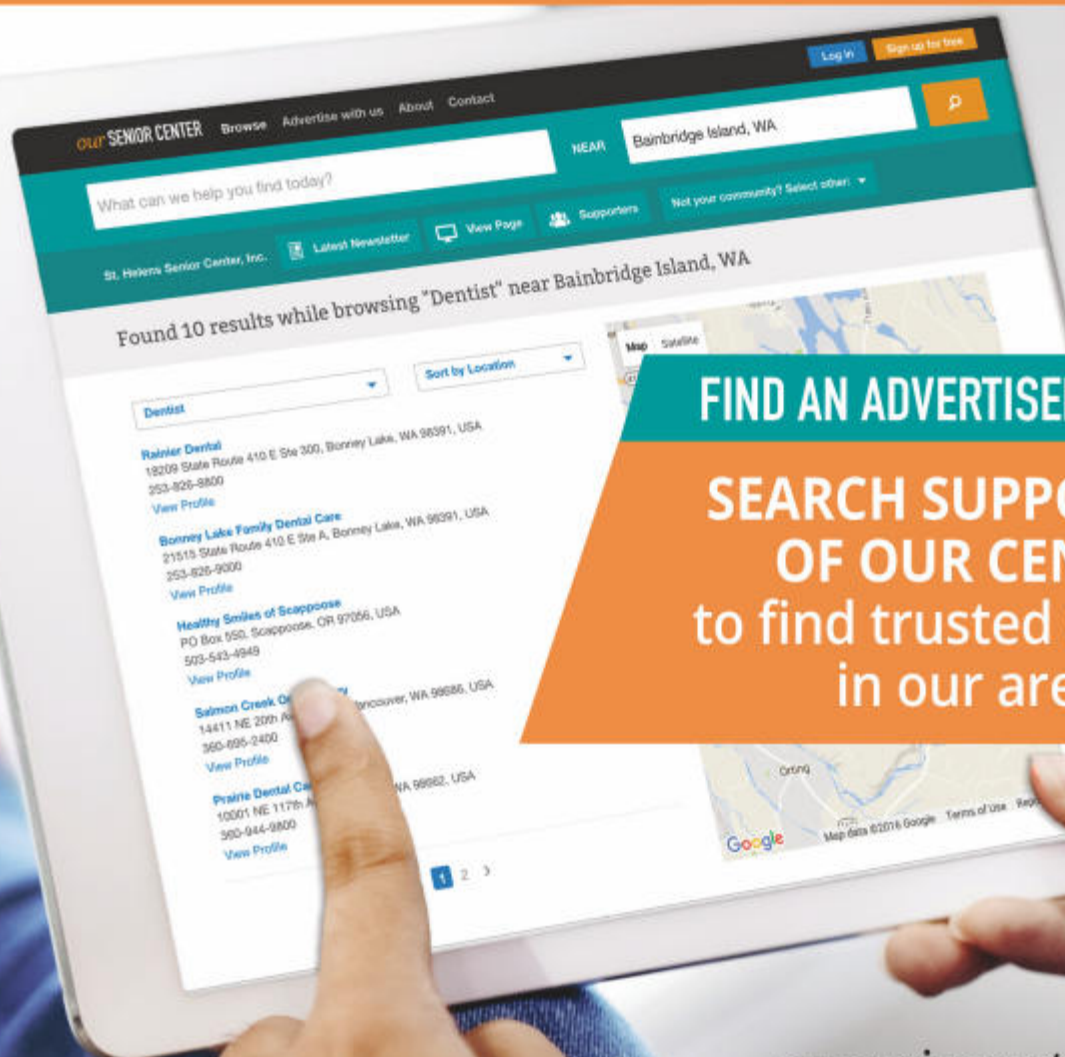
- Within Townsend: \$1.25
- Outside Townsend: \$1.75
- Discounted rate for Atwood Acres/Townsend Woods to the Senior Center (roundtrip): 50¢

**Occasionally, Senior Center day trips may alter this schedule.

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“More Strawberry Shortcake”



The Hope Community Concert final concert of the season will be presented on June 9 at 2 pm in the Townsend Meeting Hall.

Music will feature a sentimental journey of favorites welcoming spring and the lazy days of summer. A special highlight includes an arrangement written by director Alice Avery Struthers.

The traditional dessert and lemonade will be served following the concert. A donation of \$2.75 is appreciated.



Thank you to Hannaford for the bread and pastry donations on Mondays and Wednesday, and to Stewart's Florist for the birthday carnations each month.

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

4				2				
		2		7				
		5	4					1
1				9	5	4		7
	7		6			2		
							3	5
6				5				3
		3			2	1		4
		7			1			

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DIFFICULTY: ★★★☆☆

FRIENDS OF THE TOWNSEND SENIORS

YOU'LL BE JOINING US SOONER
THAN YOU THINK!



THE SEARCH IS ON!

It's time to submit nominations for the **19TH ANNUAL WM. E MAY ENDOWMENT AWARD.** We are looking for the person or group that delivers and inspires Extraordinary Acts of Kindness.

Nomination Forms are available at the Senior Center, 16 Dudley Road and the Town Clerk's office, 272 Main St. Additionally nomination letters can be submitted by mail: Friends of the Townsend Seniors (Attn:- WEM Award Committee), PO Box 972, Townsend, MA 01469, or dropped off at the Senior Center in a sealed envelope, clearly identified as Nomination for W.E. May Endowment Award.

Nomination letters should be concise and limited to 50 words. Criteria to convey:

- Significant contributions to improving the lives of the wider community
- Inspires others to make a difference
- Recognized as an all-around good citizen and role model
- Volunteers commitment and service without regard to accolades or publicity

Deadline to submit a nomination is June 8, 2019.

The annual award dinner and presentation will be held at the Townsend Ridge CC on October 19.

Next Friends Meeting: Wednesday, June 5th at 6pm

CRIBBAGE CORNER (APRIL 18 TOURNAMENT)

High Hand: Ron Nussle

1st Place: Anne Foresman

2nd Place: Pam Florence

Complete the puzzle & turn it in to Katie for a chance to win a prize! Puzzle winner from last month:

Beth Klein

See Katie for your prize!

The Senior Center is in need of:

- Dessert plates, approximately 6" in diameter. Paper only; no foam, please.
- Paper towels

Thank you for considering the Senior Center!